PICO Search Concepts Worksheet

Use this grid to plan out your research on Nursing or Treatment-related research topics.

Write out your question: ________________________________________________________________

<table>
<thead>
<tr>
<th>PICO Topic Map (Health / Nursing)</th>
<th>Possible Answers / Key Concepts</th>
<th>Synonyms</th>
</tr>
</thead>
</table>
| **Population:**  
  - What are the identifying characteristics of the patients / group involved?  
    
  *Examples: disease name, age, gender, race, etc.* |
| **Intervention:**  
  - What change or treatment are you investigating?  
    
  *Example: diet education for diabetes management* |
| **Comparison:**  
  - What would be the usual course of treatment (compared to the new thing you are looking at for “intervention”)?  
  - If you are researching best practices, the comparison can be “No comparison.” |
| **Outcome:**  
  - What is your goal for the treatment? What do you want to see for the patient?  
    
  *Examples: improved prognosis, better quality of life with symptoms, healthier diet choices* |

Check any search limits that may apply:  _ Age  _ Language  _ Year of publication  
(Keep these in mind when you start searching!)